



# Surrey County ASA (incorporating SCWP&SA) Surrey Age Group Championships 2011

County Championship Licensed Meet (CC1036 – CC1040)

## PROMOTER'S CONDITIONS

### General conditions

1. The **Surrey Age Group Championships** shall be run under ASA Laws and FINA Swimming Rules.
2. The age of each swimmer shall be as at the last day of competition, i.e. **26 Mar 2011**.
3. Swimmers must have been members of an affiliated Surrey club for three months prior to the closing date and must be registered with the ASA. ASA registration cards must be available for inspection.
4. A swimmer who has competed in County Championships in 2011 for any other English county may not take part in this competition.
5. A swimmer who joins a second Surrey club *and wishes to compete for the new club*, or who resigns from one Surrey club and joins another, after the competition closing date must immediately notify the promoter of any events that they have entered. Points scored before the swimmer changes club shall be awarded to the original club. Thereafter, the swimmer may compete in individual events but will not score points for their new club. The swimmer may not swim in a relay team for either club.
6. Questions and queries may be directed by email to the Meet Promoter, Jenny Richards, on [jenny\\_richards@hotmail.co.uk](mailto:jenny_richards@hotmail.co.uk).
7. The Surrey Age Group Championships Committee shall decide any matter not provided for in these conditions and will determine the appropriate action against those concerned if any of these conditions are contravened.

### How to enter

8. The closing date for entry is **20 Jan 2011**.
9. The entry fee is **£5** per individual event for events up to 400m, **£7.50** for 800m and 1500m freestyle, and **£8** per team event.
10. Entries will be processed electronically using Hytek Team Manager. Entry into this competition implies acceptance that necessary data may be stored electronically.
11. Hytek entry files and instructions will be made available on the Surrey website: [www.surreyswimming.org](http://www.surreyswimming.org).
12. Entries must be submitted electronically via e-mail to the Meet Promoter at [jenny\\_richards@hotmail.co.uk](mailto:jenny_richards@hotmail.co.uk) accompanied by the entry summary form and must be received by midnight, **20 Jan 2011**.
13. Full payment must be made by cheque or electronic transfer **no later than 24 Jan 2011**. Bank transfer details supplied on request.  
**Entries are not valid until payment has been received.**
14. If payment is made by cheque, it should be made payable to **Surrey County ASA** and sent to: Jenny Richards, 30 Elmbank Ave, Guildford, Surrey, GU2 7TY.
15. Disability entries are welcomed and are subject to the general conditions and the Disability Swimming Conditions below.

### Meet programme

16. The competition takes place over five weekends:
  - **19-20 Feb 2011** Surrey Sports Park 800m and 1500m free
  - **26-27 Feb 2011** Guildford Spectrum 400m events, 200m form strokes and 100m IM
  - **6 Mar 2011 (Sun)** Crystal Palace 50m events all strokes
  - **19-20 Mar 2011** Guildford Spectrum 200m free and IM, 100m free and form strokes
  - **26 Mar 2011 (Sat)** Crystal Palace Relays
17. **There will be finals for each age group in 50m and 100m events only. Winners for events of 200m or longer will be Heat Declared.**
18. Full details of the programme are given at the end of these conditions.
19. Warm-ups for each session will be no less than **1 hour**, apart from 800m and 1500m sessions which will be **30 minutes**.
20. Sign-in closes at the start of each warm-up session. Competitors must sign in for each event in which they wish to take part *before the start of the warm-up for that session*.
21. For 4 x 50m and 4 x 100m relays, clubs may enter a maximum of *two* teams in any single age group. Individual swimmers may compete in only *one* team per age group per event.
22. For the 4 x 200m freestyle relay, clubs may enter a maximum of *one* team per club, with swimmers of any age. Teams competing in the 4 x 200m freestyle relay do not score points for any of the Championship trophies.

### Seeding

23. Heats of events with finals will be seeded using cyclical seeding for the fastest 24 swimmers. This means that the fastest swimmer in the event swims in lane 4 of the final heat, the second fastest in lane 4 of the penultimate heat, the third fastest in lane 4 of the third fastest heat. The fourth fastest swims in lane 5 of the fastest heat, the fifth fastest in lane 5 of the penultimate heat and so on. The purpose of this seeding is to ensure that the last heat in the preliminary round is not just a duplication of the final of the fastest age group, and gives opportunity for more interesting and exciting heats and finals for swimmers and spectators alike.
24. Heats for 200m events and longer will be seeded in the normal way.

## Finals

25. For those events with finals, as soon as possible after heats are completed the names of swimmers who are in 1<sup>st</sup> – 8<sup>th</sup> place in each age group and event will be announced, as well as a maximum of four reserves. Swimmers and reserves are required to actively withdraw if they do not wish to take part, to allow other swimmers the opportunity to take part in the final.

## Technical and non-technical officials

26. The Championships cannot run without people to fill both technical and non-technical roles on the day. With this in mind, clubs are expected to provide volunteers, both qualified officials and people to fill technical and non-technical roles such as selling programmes, marshalling, electronic timing operation and so on.

## Entry times

27. All entry times must be equal to, or faster than, the qualifying times supplied as part of these conditions.
28. Qualifying times are given as short course and long course times for all events. Swimmers may enter if they have achieved either time in the relevant pool length. *No other conversions are acceptable.* Note that long course times have been created using the ASA's Equivalent Performance Tables.
29. ALL entry times must have been achieved at licensed meets. To help meet this condition we strongly recommend that clubs licence their club championships or similar (at Level 4) so that the results are eligible to be used as entry times for the County Age Group Championships 2011.
30. ALL entry times must have been achieved after the last day of the 2010 competition, **28 March 2010**.
31. If the meet is over-subscribed, the promoters reserve the right to reject entries based on the submitted entry times. The fastest swimmers in each age group will be given priority. Clubs will be informed as soon as possible after the closing date of any swimmers whose entries have had to be rejected, and entry fees for rejected swimmers will be returned in full.

## Verification of entry times

32. By submitting entries to the meet administrator, club representatives are declaring that entry times submitted meet the above criteria.
33. In the event that a submitted entry time is found not to comply with the conditions, the entry fee will be forfeit and the swimmer will not be allowed to compete in that event.
34. The Championships Committee also reserves the right to impose a fine of £10 per instance on any club that submits unsubstantiated entry times where no valid explanation can be provided.
35. If clubs are found to have submitted unsubstantiated entry times after the event has been swum, the meet promoter reserves the right to remove any awards or points that may have been awarded for the swim in question.
36. Clubs that are found to have entered unsubstantiated entry times will be referred to the Championships Committee.

## Medals, trophies and awards

37. Medals and trophy points will only be awarded when the qualifying time has been achieved in the event.
38. For events with finals, trophy points are awarded on the basis of times achieved in the heats.
39. Individual awards will be presented to the top three boys aged 9 – 14 and girls aged 9 – 13 in each age group based on their final BAGCAT scores. Details of BAGCAT events can be downloaded from <http://www.swimming.org/library/document/asa-success-is-long-term>.

## Registration and marshalling

40. Swimmers must sign in *before the start of the warm-up for each session* for every event in which they wish to take part. A swimmer who is late to sign in *may* be placed in an unoccupied lane at the discretion of the promoter, but this is not guaranteed.
41. Swimmers must not be signed in unless they are present.
42. All withdrawals after sign-in must be notified to the meet administrator as soon as possible.
43. Heat lists will be posted on poolside and provided to coaches.
44. It is the responsibility of swimmers to check heat lists and be at the marshalling area on time for their event as instructed.

## Poolside access

45. Access to poolside is not permitted without a poolside pass.
46. Poolside passes are made available to clubs and their coaches to ensure the safety and wellbeing of their swimmers. All swimmers must be supervised on poolside. Clubs must ensure there are enough adults on poolside with valid passes to provide adequate supervision.
47. Poolside passes should be booked at the same time as entries are submitted.
48. Cost of passes:
  - Whole Championships – £50 (including food) or £25 (not including food)
  - One day - £10 (including food) or £5 (not including food)
49. The promoter reserves the right to request any person to leave poolside, whether or not that person has a poolside pass, without having to give a reason.

## Photography

50. In accordance with ASA Child Protection policy, all photographic equipment, including mobile phones with cameras, must be registered **at each gala**. This includes mobile phones and cameras that are used on poolside by competitors. A photography log book will be made available for spectators, and at the announcer's table for those on poolside.
51. Photographs of the meet may be taken by representatives of the promoters of the event and may be used for promotional purposes. Entry into the competition implies acceptance of this condition.

## Promoter

52. Questions and queries may be directed by email to the Meet Promoter, Jenny Richards, on [jenny\\_richards@hotmail.co.uk](mailto:jenny_richards@hotmail.co.uk).

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## Disability Swimming Conditions

1. The conditions for the **Surrey Age Group Championships** shall apply to the Disability Swimming events except where varied by any of the following conditions.

### Events

Freestyle	50m, 100m, 200m and 400m
Backstroke	50m, 100m and 200m
Butterfly	50m, 100m and 200m
Breaststroke	50m, 100m and 200m
Individual Medley	100m, 200m and 400m

### Eligibility

2. Swimmers with S1-13 and S15 classifications will be accepted.
3. All swimmers must have an internationally authorised classification and a Functional Ability Card (FAC), or equivalent for S15, a copy of which must be submitted with their entry. This FAC must also be presented to the referee **before** the start of each session in which the competitor is entered.
4. An FAC can be obtained via an application to the FAC co-ordinator, who can be contacted via British Swimming.
5. Competitors must be registered members of the ASA.
6. The championships do not have disability consideration times, however the organisers reserve the right to reject swimmers after the closing date if demand exceeds the time available in the galas.

### Personal Care Attendants

7. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4, S5 and S11.
8. A swimmer in any of these classes may have both a coach and a personal care attendant present.

### Competition Format

9. The competition format will be based on disability inclusion within the able-bodied programme. Swimmers will be integrated on a time-banded basis in all events.
10. Positions will be determined by each swimmer's times relative to the world record in their own classification.
11. Disability swimmers will be included but not placed within the results for the appropriate age group in the able-bodied competition. They will also be included in the Multi Disability results and placed within those results according to their equivalent times.
12. Winners of all events will be heat declared.
13. Competition to be run to IPC Swimming swim rules.
14. An official who holds the qualification of ASA Disability Official will act as a technical advisor in each of the sessions where disability athletes are entered.

### Medals

15. Medals shall be awarded on a multi-disability basis to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in each event. Medals shall be awarded at the end of the session in which the event has taken place.
16. Placing shall be determined by achieving a time better than, or closest to, the equivalent World record relevant to their own classification.

Venue	Day	Event	Gender	Ages
<b>SSP</b>	<b>19/02/2011</b>	Warm-up: TBC		
<b>1</b>		1500m Free	Girls	11 and over
		Warm-up: TBC		
<b>2</b>		800m Free	Boys	12 and over
<b>SSP</b>	<b>20/02/2011</b>	Warm-up:TBC		
<b>3</b>		1500m Free	Boys	12 and over
		Warm-up: TBC		
<b>4</b>		800m Free	Girls	11 and over
<b>Spectrum</b>	<b>26/02/2011</b>	Warm-up: 12.30pm		
<b>5</b>		400 IM	Girls	11 and over
<b>6</b>		400m Free	Boys	10 and over
		Warm-up: TBC		
<b>7</b>		200 back	Girls	9 and over
<b>8</b>		200 breast	Boys	9 and over
		Warm-up: TBC		
<b>9</b>		100 IM	Girls	9 and over
<b>10</b>		200 fly	Boys	9 and over
<b>9 finals</b>		100 IM	Girls	Finals
<b>Spectrum</b>	<b>27/02/2011</b>	Warm-up: 9am		
<b>11</b>		400 IM	Boys	12 and over
<b>12</b>		400m Free	Girls	10 and over
		Warm-up: TBC		
<b>13</b>		200 back	Boys	9 and over
<b>14</b>		200 breast	Girls	9 and over
		Warm-up: TBC		
<b>15</b>		100 IM	Boys	9 and over
<b>16</b>		200 fly	Girls	9 and over
<b>15 finals</b>		100 IM	Boys	Finals
<b>Crystal Palace</b>	<b>6/03/2011</b>	Warm-up: 9am		
<b>17</b>		50 free	Girls	9 and over
<b>18</b>		50 breast	Boys	9 and over
<b>19</b>		50 breast	Girls	9 and over
<b>20</b>		50 fly	Boys	9 and over
<b>17 finals</b>		50 free	Girls	Finals
<b>18 finals</b>		50 breast	Boys	Finals
<b>19 finals</b>		50 breast	Girls	Finals
<b>20 finals</b>		50 fly	Boys	Finals
		Warm-up: TBC		
<b>21</b>		50 free	Boys	9 and over
<b>22</b>		50 back	Girls	9 and over
<b>23</b>		50 back	Boys	9 and over
<b>24</b>		50 fly	Girls	9 and over
<b>21 finals</b>		50 free	Boys	Finals
<b>22 finals</b>		50 back	Girls	Finals
<b>23 finals</b>		50 back	Boys	Finals
<b>24 finals</b>		50 fly	Girls	Finals

Venue	Day	Event	Gender	Ages
<b>Spectrum</b>	<b>19/03/2011</b>	Warm-up: 12.30pm		
<b>25</b>		100 back	Girls	11 and over
<b>26</b>		100m breast	Boys	12 and over
<b>27</b>		200 free	Girls	9 and over
<b>26 finals</b>		100m breast	Boys	Finals
<b>25 finals</b>		100 back	Girls	Finals
		Warm-up: TBC		
<b>28</b>		100 free	Boys	12 and over
<b>29</b>		100 fly	Girls	11 and over
<b>30</b>		200 IM	Boys	9 and over
<b>29 finals</b>		100 fly	Girls	Finals
<b>28 finals</b>		100 free	Boys	Finals
<b>Spectrum</b>	<b>20/03/2011</b>	Warm-up: 9am		
<b>31</b>		100 back	Boys	12 and over
<b>32</b>		100 breast	Girls	11 and over
<b>33</b>		200 free	Boys	9 and over
<b>32 finals</b>		100 breast	Girls	Finals
<b>31 finals</b>		100 back	Boys	Finals
		Warm-up: TBC		
<b>34</b>		100 free	Girls	11 and over
<b>35</b>		100 fly	Boys	12 and over
<b>36</b>		200 IM	Girls	9 and over
<b>35 finals</b>		100 fly	Boys	Finals
<b>34 finals</b>		100 free	Girls	Finals
<b>Crystal Palace</b>	<b>26/03/2011</b>	Warm-up: 9am		
<b>37</b>	4x50	Freestyle Relay	Boys	9-11
<b>38</b>	4x50	Medley Relay	Boys	12-13
<b>39</b>	4x50	Freestyle Relay	Girls	9-11
<b>40</b>	4x50	Medley Relay	Boys	9-11
<b>41</b>	4x50	Freestyle Relay	Boys	12-13
<b>42</b>	4x50	Medley Relay	Girls	9-11
		Warm-up: TBC		
<b>43</b>	4x100	Freestyle Relay	Girls	16 & Over
<b>44</b>	4x100	Freestyle Relay	Girls	Under 16
<b>45</b>	4x50	Freestyle Relay	Girls	12-13
<b>46</b>	4x100	Medley Relay	Girls	16 & Over
<b>47</b>	4x100	Medley Relay	Girls	Under 16
<b>48</b>	4x50	Medley Relay	Girls	12-13
<b>49</b>	4x200	Freestyle Relay	Girls	Open
		Warm-up: TBC		
<b>50</b>	4x100	Medley Relay	Boys	16 & Over
<b>51</b>	4x100	Medley Relay	Boys	Under 16
<b>52</b>	4x100	Freestyle Relay	Boys	16 & Over
<b>53</b>	4x100	Freestyle Relay	Boys	Under 16
<b>54</b>	4x200	Freestyle Relay	Boys	Open

## Surrey Age Group Championships 2011

### BOYS Qualifying Times, Short Course Pool

EVENT	9	10	11	12	13	14	15	16
50m Freestyle	00:39.00	00:36.17	00:34.41	00:32.44	00:30.80	00:29.34	00:28.18	00:27.47
100m Freestyle				01:09.88	01:06.02	01:02.97	01:00.92	00:59.30
200m Freestyle	03:06.90	02:50.88	02:41.40	02:32.08	02:23.81	02:17.12	02:12.52	02:09.08
400m Freestyle		06:11.55	05:47.51	05:28.66	05:11.66	04:57.70	04:46.51	04:38.99
800m Freestyle				11:29.86	10:51.45	10:22.92	10:00.83	09:44.70
1500m Freestyle				21:39.69	20:33.41	19:39.66	18:59.55	18:28.28
50m Breaststroke	00:52.45	00:48.83	00:45.78	00:42.97	00:40.11	00:38.09	00:36.40	00:35.22
100m Breaststroke				01:33.76	01:27.39	01:22.72	01:19.07	01:16.62
200m Breaststroke	04:09.18	03:51.20	03:35.09	03:22.46	03:09.48	02:58.87	02:51.50	02:46.98
50m Butterfly	00:45.19	00:41.70	00:39.02	00:37.00	00:34.77	00:32.96	00:31.35	00:30.54
100m Butterfly				01:21.96	01:16.67	01:12.35	01:09.01	01:07.27
200m Butterfly	04:00.01	03:30.44	03:11.71	03:00.82	02:49.46	02:40.13	02:31.76	02:28.32
50m Backstroke	00:45.59	00:42.26	00:40.01	00:37.92	00:35.49	00:33.98	00:32.40	00:31.24
100m Backstroke				01:21.21	01:16.21	01:12.09	01:08.97	01:07.07
200m Backstroke	03:33.26	03:16.40	03:03.96	02:53.73	02:43.52	02:34.99	02:28.71	02:24.90
200m Individual Medley	03:38.29	03:21.77	03:08.06	02:57.52	02:47.94	02:38.68	02:32.47	02:28.63
400m Individual Medley				06:14.87	05:55.09	05:36.12	05:22.48	05:14.70
100m Individual Medley	01:40.71	01:33.24	01:28.29	01:23.41	01:18.43	01:14.12	01:11.27	01:08.83

### GIRLS Qualifying Times, Short Course Pool

EVENT	9	10	11	12	13	14	15	16
50m Freestyle	00:39.37	00:36.75	00:34.94	00:33.23	00:32.07	00:31.31	00:30.69	00:30.36
100m Freestyle			01:15.24	01:11.11	01:08.75	01:06.96	01:05.99	01:05.02
200m Freestyle	03:09.05	02:52.06	02:41.98	02:32.95	02:27.50	02:24.11	02:21.63	02:19.93
400m Freestyle		06:16.27	05:47.17	05:28.03	05:16.11	05:08.60	05:02.53	04:59.72
800m Freestyle			11:57.50	11:18.78	10:49.13	10:32.80	10:23.49	10:16.47
1500m Freestyle			23:04.45	21:49.75	20:52.52	20:35.64	20:08.43	19:49.52
50m Breaststroke	00:53.36	00:49.21	00:46.01	00:43.38	00:41.52	00:40.30	00:39.36	00:38.97
100m Breaststroke			01:40.23	01:34.37	01:29.80	01:26.46	01:25.10	01:24.25
200m Breaststroke	04:11.71	03:51.54	03:34.95	03:22.44	03:12.81	03:06.70	03:03.49	03:01.64
50m Butterfly	00:45.75	00:41.76	00:39.48	00:37.39	00:35.86	00:34.81	00:34.00	00:33.60
100m Butterfly			01:28.04	01:22.41	01:19.04	01:16.30	01:15.12	01:14.14
200m Butterfly	04:03.61	03:32.81	03:13.92	03:00.72	02:52.59	02:46.70	02:43.03	02:41.17
50m Backstroke	00:45.98	00:42.51	00:40.13	00:38.15	00:36.70	00:35.66	00:35.13	00:34.59
100m Backstroke			01:26.67	01:21.53	01:18.17	01:16.09	01:14.41	01:13.59
200m Backstroke	03:35.39	03:18.69	03:03.47	02:53.62	02:47.33	02:42.91	02:39.14	02:37.00
200m Individual Medley	03:40.35	03:22.12	03:08.41	02:57.96	02:51.42	02:46.56	02:43.54	02:41.68
400m Individual Medley			06:37.16	06:14.35	05:59.00	05:49.55	05:43.21	05:38.67
100m Individual Medley	01:42.30	01:32.05	01:28.44	01:23.92	01:20.41	01:18.69	01:17.27	01:15.93

## Surrey Age Group Championships 2011

### BOYS Qualifying Times, Long Course Pool

EVENT	9	10	11	12	13	14	15	16
50m Freestyle	00:39.50	00:36.70	00:35.00	00:33.10	00:31.50	00:30.00	00:28.90	00:28.20
100m Freestyle				01:11.11	01:07.30	01:04.30	01:02.30	01:00.70
200m Freestyle	03:08.80	02:52.90	02:43.50	02:34.40	02:26.20	02:19.60	02:15.10	02:11.70
400m Freestyle		06:15.30	05:51.50	05:32.90	05:16.10	05:02.40	04:51.40	04:44.00
800m Freestyle				11:38.20	11:00.30	10:32.10	10:10.40	09:54.50
1500m Freestyle				21:55.50	20:50.10	19:57.00	19:17.50	18:46.70
50m Breaststroke	00:53.10	00:49.50	00:46.50	00:43.70	00:40.90	00:38.90	00:37.30	00:36.10
100m Breaststroke				01:35.10	01:28.80	01:24.20	01:20.70	01:18.30
200m Breaststroke	04:11.30	03:53.50	03:37.50	03:25.10	03:12.30	03:01.80	02:54.60	02:50.10
50m Butterfly	00:45.60	00:42.20	00:39.50	00:37.50	00:35.30	00:33.50	00:32.00	00:31.20
100m Butterfly				01:22.90	01:17.70	01:13.40	01:10.10	01:08.40
200m Butterfly	04:01.30	03:31.90	03:13.40	03:02.60	02:51.30	02:42.10	02:33.80	02:30.40
50m Backstroke	00:46.10	00:42.80	00:40.50	00:38.50	00:36.10	00:34.60	00:33.00	00:31.90
100m Backstroke				01:22.20	01:17.30	01:13.20	01:10.10	01:08.30
200m Backstroke	03:34.80	03:18.10	03:05.80	02:55.60	02:45.60	02:37.10	02:30.90	02:27.20
200m Individual Medley	03:40.10	03:23.70	03:10.20	02:59.70	02:50.30	02:41.20	02:35.00	02:31.30
400m Individual Medley				06:19.50	06:00.00	05:41.30	05:27.90	05:20.20

### GIRLS Qualifying Times, Long Course Pool

EVENT	9	10	11	12	13	14	15	16
50m Freestyle	00:39.90	00:37.30	00:35.50	00:33.90	00:32.70	00:32.00	00:31.40	00:31.00
100m Freestyle			01:16.40	01:12.30	01:10.00	01:08.20	01:07.30	01:06.30
200m Freestyle	03:10.90	02:54.10	02:44.10	02:35.20	02:29.80	02:26.50	02:24.10	02:22.40
400m Freestyle		06:20.00	05:51.20	05:32.30	05:20.50	05:13.10	05:07.10	05:04.40
800m Freestyle			12:05.50	11:27.30	10:58.00	10:41.90	10:32.70	10:25.80
1500m Freestyle			23:19.30	22:05.40	21:08.90	20:52.30	20:25.40	20:06.80
50m Breaststroke	00:54.00	00:49.90	00:46.70	00:44.10	00:42.30	00:41.10	00:40.20	00:39.80
100m Breaststroke			01:41.50	01:35.70	01:31.20	01:27.90	01:26.60	01:25.70
200m Breaststroke	04:13.80	03:53.80	03:37.40	03:25.00	03:15.50	03:09.50	03:06.40	03:04.50
50m Butterfly	00:46.20	00:42.20	00:40.00	00:37.90	00:36.40	00:35.40	00:34.60	00:34.20
100m Butterfly			01:28.90	01:23.30	01:20.00	01:17.30	01:16.10	01:15.20
200m Butterfly	04:04.90	03:34.30	03:15.60	03:02.50	02:54.40	02:48.60	02:45.00	02:43.10
50m Backstroke	00:46.40	00:43.00	00:40.70	00:38.70	00:37.30	00:36.20	00:35.70	00:35.20
100m Backstroke			01:27.60	01:22.50	01:19.20	01:17.10	01:15.50	01:14.70
200m Backstroke	03:36.90	03:20.40	03:05.30	02:55.50	02:49.30	02:45.00	02:41.20	02:39.10
200m Individual Medley	03:42.10	03:24.10	03:10.50	03:00.20	02:53.70	02:48.90	02:45.90	02:44.10
400m Individual Medley			06:41.60	06:19.00	06:03.90	05:54.60	05:48.30	05:43.80