

1st Round – B Team at Gillingham

CASC's B Team were at the Black Lion in Gillingham for their first round of the 2006 Speedo League. Some of the team were competing in their very first Speedo and they stood up and swam their hearts out. All in all the B Team achieved 26 PB's.

In their first Speedo of their young swimming careers, Jacob Cross stormed to victory in the boys 50m Brst in a PB time of 49.25. 11 yr old team mate Ben Dubben came second in the 50m Fly in 44.36 and Benon Hodge came 4th in the 50m free in 38.61.

After a difficult 3 months with injury Ciaran Kavanagh came away from Gillingham with a moral boosting performance in the 15/U 100m Back with a time of 1.10.11 just missing victory. Rebecca Mulcahy also came away with a PB in the 100m back in 1.19.52. Glenn Pearson continued his fast improvement in the 100m Free with another PB in 59.34 and Chris Tamplin won his favourite event the 100m Brst in 1.23.06. Other good performances came from Lilly Walker in the 50m Brst in 50.38, Amelia MacHugh 50m Back 47.37, Andrew Browne 100m Back 1.08.79, Nik Byrne 100m Brst 1.21.37, Rachel Browne 100m Fly 1.16.82 and Rosie Leverton 100m Fly 1.31.41.

Overall the B Team finished in 3rd position with a total of 176 points with Braintree & Bocking second and the winners Maidstone. The next round takes place on the 11th November at Crook Log pool in Bexleyheath.

Well done to all team members:

Lilly, Amelia, Sally, Elizabeth, Rosie, Kate, Katie, Marissa, Nicola, Maddie, Rachel, Michelle, Natasha, Rebecca, Rosie, Anthony, Jacob, Benon, Ben, Tim, Oliver, Alex, Thomas, Ciaran, Chris, Luke, Edmund, Andrew Browne, Glenn, Nik and Andrew Lawrance.

Theresa Browne said after the result that, "The B Team's efforts were fantastic and the team spirit was wonderful. For many of the team it was their first experience of the Speedo and they coped brilliantly. Well done to all who competed and good luck for the second round at Bexleyheath".