

C.A.S.C. Medal winners from the London Region Winter Championships 2006

Gold medal winners

**Sam Crowther – Junior 200m Breaststroke
Francesca Hayward – Junior 1500m Freestyle
Katherine Parrish – 12yrs 50m Butterfly
Thomas Parker – 11yrs 50m Freestyle
Thomas Parker – 11yrs 50m Backstroke**

Silver medal winners

**Francesca Hayward – Senior 1500m Freestyle
Matt Grout – 14yrs 50m Freestyle
Ciaran Kavanagh – 15yrs 50m Freestyle
Daniel Lawton – 10yrs 50m Freestyle
Oliver Longhurst – 11yrs 50m Backstroke
Katherine Parrish – 12yrs 50m Freestyle
Sarah Walcott – 12yrs 50m Breaststroke**

Bronze medal winners

**Sam Crowther – Senior 200m Breaststroke
Sam Crowther – Junior 100m Breaststroke
William Epps – 11yrs 50m Backstroke
Hiro Harazawa – 11yrs 50m Butterfly
Katherine Parrish – 12yrs 50m Backstroke
Izzy Trompetas – 11yrs 50m Backstroke
Neil Wylie – 13yrs 50m Breaststroke**

WELL DONE TO ALL OF YOU