

Pam Pollington

1) How long you have been at CASC?

I first became involved with C.A.S.C in 1988 when my elder daughter joined teaching classes age 7.

2) Past swimming history?

I became a Masters swimmer in 1992 as both my daughters were now swimming with C.A.S.C. Working on the basis "if you can't beat them join them".

3) Qualifications?

A.S.A. Club Coach.

4) What do you most like about the club?

The cohesion that exists across the club now that it has returned to its competitive roots.

5) What do you want to achieve as a coach?

For Silver squad I would like a lot more Surrey and Regional qualifiers. For Masters I would like a continuation of swimmers competing at world level.

6) Most memorable achievements to date?

My memorable achievements to date are many fold. A Masters team attending world champs since 2004. Frances Penwarden becoming triple world champ in 2005 and in the same year becoming becoming British and European record holder at 200m breaststroke, British record holder at 100m breaststroke and Paul Hare becoming British record holder at 100m F/S. In Silver squad my younger swimmers becoming Surrey qualifiers in the longer distances.