

London Youth Regionals 2010	Crystal Palace	50m	01-02.05.2010	LC PB's highlighted	MEDALS	TOP 8 placing
NAME	EVENT	METRES	STROKE	TIME	DATE	PLACING
Hannah Avins	Girls 14/15yrs 1500m Free	1500m	Free	18.30.66 Club Record	01-May	5th (15yrs - 1st)
Hannah Avins	Girls 14/15yrs 400m Free split	1500m	Free	4.50.22 Club Record	01-May	5th (15yrs - 1st)
Hannah Avins	Girls 14/15yrs 200m Free	200m	Free	2.17.40	02-May	11th
Hannah Avins	Girls 14/15yrs 50m Free	50m	Free	29.45	02-May	10th
Hannah Avins	Girls 14/15yrs 200m Free Final	200m	Free	2.19.61	02-May	7th
Hannah Avins	Girls 14/15yrs 100m Free	100m	Free	1.02.50	02-May	5th
Hannah Avins	Girls 14/15yrs 100m Free Final	100m	Free	1.02.77	02-May	4th
Erica Barron	Girls 14/15yrs 50m Brst	50m	Brst	40.01	01-May	18th
Erica Barron	Girls 14/15yrs 50m Back	50m	Back	34.74	02-May	11th
Sophie Brigdon	Girls 16/O 100m Fly	100m	Fly	1.14.73	01-May	16th
Sophie Brigdon	Girls 16/O 50m Brst	50m	Brst	40.38	01-May	12th
Sophie Brigdon	Girls 16/O 100m Back	100m	Back	1.14.30	02-May	13th
Sophie Brigdon	Girls 16/O 50m Free	50m	Free	29.51	02-May	14th
Sophie Brigdon	Girls 16/O 50m Back	50m	Back	35.05	02-May	9th
Ben Dubben	Boys 15/16yrs 100m Free	100m	Free	1.03.28	01-May	48th
Ben Dubben	Boys 15/16yrs 50m Back	50m	Back	33.93	01-May	26th
Ben Dubben	Boys 15/16yrs 200m IM	200m	IM	2.30.59	01-May	18th
Ben Dubben	Boys 15/16yrs 50m Free	50m	Free	28.53	01-May	43rd
Ben Dubben	Boys 15/16yrs 50m Fly	50m	Fly	30.83	02-May	21st
Ben Dubben	Boys 15/16yrs 100m Fly	100m	Fly	1.09.65	02-May	21st
Ben Dubben	Boys 15/16yrs 50m Brst	50m	Brst	36.16	02-May	8th

Ben Dubben	Boys 15/16yrs 50m Brst Final	50m	Brst	36.21	02-May	6th
Lewis Franks	Boys 17/O 100m Free	100m	Free	59.31	01-May	25th
Lewis Franks	Boys 17/O 50m Free	50m	Free	27.2	01-May	21st
Lewis Franks	Boys 400m Free Relay	100m	Free	1.00.51 (3.58.84)	02-May	6th
Hik Harazawa	Boys 17/O 100m Free	100m	Free	59.02	01-May	23rd
Hik Harazawa	Boys 17/O 200m IM	200m	IM	2.25.08	01-May	10th
Hik Harazawa	Boys 17/O 200m Free	200m	Free	2.07.48	01-May	7th
Hik Harazawa	Boys 17/O 100m Brst	100m	Brst	1.16.31	02-May	14th
Abbey Farmer Hartley	Girls 14/15yrs 200m Brst	200m	Brst	3.02.73	01-May	9th
Abbey Farmer Hartley	Girls 14/15yrs 50m Brst	50m	Brst	37.01	01-May	2nd
Abbey Farmer Hartley	Girls 14/15yrs 50m Brst Final	50m	Brst	36.66 Club Record	01-May	Silver
Abbey Farmer Hartley	Girls 14/15yrs 100m Brst	100m	Brst	1.21.06	01-May	2nd
Abbey Farmer Hartley	Girls 14/15yrs 100m Brst Final	100m	Brst	1.22.54	01-May	6th
Ciaran Kavanagh	Boys 17/O 100m Free	100m	Free	58.85	01-May	21st
Ciaran Kavanagh	Boys 17/O 50m Back	50m	Back	32.36	01-May	6th
Ciaran Kavanagh	Boys 17/O 100m Back	100m	Back	1.09.41	01-May	11th
Ciaran Kavanagh	Boys 17/O 50m Free	50m	Free	26.83	01-May	15th
Ciaran Kavanagh	Boys 17/O 50m Brst	50m	Brst	34.04	02-May	10th
Chris Lawrie	Boys 15/16yrs 50m Back	50m	Back	33.69	01-May	25th
James Mulcahy	Boys 15/16yrs 100m Free	100m	Free	1.01.10	01-May	39th
James Mulcahy	Boys 15/16yrs 50m Back	50m	Back	33.43	01-May	23rd
James Mulcahy	Boys 15/16yrs 50m Free	50m	Free	26.53	01-May	12th
James Mulcahy	Boys 15/16yrs 50m Fly	50m	Fly	29.96	02-May	15th
Rebecca Mulcahy	Girls 16/O 100m Fly	100m	Fly	1.12.14 Club Record	01-May	11th

Rebecca Mulcahy	Girls 16/O 50m Brst	50m	Brst	38.71	01-May	8th
Rebecca Mulcahy	Girls 16/O 50m Brst Final	50m	Brst	38.95	01-May	8th
Rebecca Mulcahy	Girls 16/O 200m IM	200m	IM	2.34.73 Club Record	01-May	12th
Rebecca Mulcahy	Girls 16/O 50m Fly	50m	Fly	32.2	01-May	11th
Rebecca Mulcahy	Girls 16/O 200m Free	200m	Free	2.13.17	02-May	3rd
Rebecca Mulcahy	Girls 16/O 50m Free	50m	Free	28.78	02-May	6th
Rebecca Mulcahy	Girls 16/O 200m Free Final	200m	Free	2.14.80	02-May	6th
Rebecca Mulcahy	Girls 16/O 50m Free Final	50m	Free	29.26	02-May	7th
Rebecca Mulcahy	Girls 400m Free Relay	100m	Free	1.01.71 (4.10.17)	02-May	5th
Rebecca Mulcahy	Girls 16/O 100m Free	100m	Free	1.01.94	02-May	4th
Rebecca Mulcahy	Girls 16/O 50m Back	50m	Back	34.88	02-May	8th
Rebecca Mulcahy	Girls 16/O 100m Free Final	100m	Free	1.02.20	02-May	5th
Rebecca Mulcahy	Girls 16/O 50m Back Final	50m	Back	34.65	02-May	6th
Emily Nurse	Girls 400m Medley Relay	100m	Back	1.16.73 (4.54.24)	01-May	9th
Emily Nurse	Girls 14/15yrs 100m Back	100m	Back	1.17.24	02-May	27th
Emily Nurse	Girls 14/15yrs 50m Free	50m	Free	31	02-May	37th
Emily Nurse	Girls 14/15yrs 100m Free	100m	Free	1.06.10	02-May	21st
Alex Nash	Boys 15/16yrs 50m Brst	50m	Brst	37.62	02-May	12th
Tom Parker	Boys 15/16yrs 100m Free	100m	Free	59.53	01-May	26th
Tom Parker	Boys 15/16yrs 50m Back	50m	Back	32.26	01-May	13th
Tom Parker	Boys 400m Medley Relay	100m	Back	1.11.71 (4.33.48)	01-May	8th
Tom Parker	Boys 15/16yrs 50m Free	50m	Free	27.05	01-May	18th
Izzy Trompetas	Girls 14/15yrs 50m Fly	50m	Fly	34.41	01-May	17th
Izzy Trompetas	Girls 14/15yrs 50m Free	50m	Free	29.63	02-May	13th

Izzy Trompetas	Girls 14/15yrs 50m Back	50m	Back	35.81	02-May	19th
Catherine Wrench	Girls 16/O 200m Free	200m	Free	2.14.53	02-May	6th
Catherine Wrench	Girls 16/O 50m Free	50m	Free	28.7	02-May	5th
Catherine Wrench	Girls 16/O 200m Free Final	200m	Free	2.15.06	02-May	7th
Catherine Wrench	Girls 16/O 50m Free Final	50m	Free	28.66	02-May	Bronze
Catherine Wrench	Girls 16/O 100m Free	100m	Free	1.01.73	02-May	3rd
Catherine Wrench	Girls 16/O 50m Back	50m	Back	35.45	02-May	11th
Catherine Wrench	Girls 16/O 100m Free Final	100m	Free	1.01.27	02-May	Silver
Catherine Wrench	Girls 800m Free Relay	200m	Free	2.17.88 (9.20.67)	02-May	6th