

6.15 warm up

6.35 start

ENTRY AND PROGRAMME £3 per adult



Dorking Swimming Club

Affiliated to SCWP&SA SERegion, MPAGB



ZNA Gala

July 3rd 2010

Swum under ASA laws and ASA Technical Rules

Swimmers may only swim in 3 individual events - maximum of 2 in own age group

At the shallow end the depth of the pool is 1metre and the starting blocks are 0.5 metres above the water level

Only competitors that have reached the standard of the ASA Competitive Start Award are allowed to dive into the shallow end if they so wish

Ages as at July 3rd 2010

Length of pool 25metres

Dorking, Redhill and Reigate, Sutton and Cheam, Croydon Amphibians, Tonbridge, Edenbridge Piranhas

					Time limit	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
1	G	U/11	50m	Free	38.00	Erin Treacy	38.58				
2	B	U/11	50m	Free	38.00	Alex Anastasi	36.84				
3	G	U/13	50m	Back	40.00	Millie Evans	42.13				
4	B	U/13	50m	Back	40.00	James Field	48.31				
5	G	U/15	50m	Breast	44.00	Gwendoline A	46.72				
6	B	U/15	50m	Breast	43.00	Harrison Saker	47.75				
7	G	U/11	25m	Fly	21.00	Niamh S	24.15				
8	B	U/11	25m	Fly	21.00	Alex Anastasi	23.63				
9	G	U/13	50m	Breast	46.00	Sophie L	50.78				
10	B	U/13	50m	Breast	47.00	William R	52.37				
11	G	U/15	50m	Free	33.00	Isobel Bryant	33.53				
12	B	U/15	50m	Free	31.00	Thomas Sandle	34.63				
13	G	U/11	4x25	Medley Relay	1.23.00	Rebecca G	21.45				
14	B	U/11	4x25	Medley Relay	1.23.00	Alex Anastasi	20.13				

15	G	U/13	4x50	Medley Relay	2.35.00	Sarah Hersey	48.32				
16	B	U/13	4x50	Medley Relay	2.40.00	Alex Anastasi	47.3				
17	G	U/15	4x50	Medley Relay	2.30.00	Abigail Gibbs	44.13				
18	B	U/15	4x50	Medley Relay	2.15.00	Jack L	43				
19	G	U/11	50m	Back	46.00	Rebecca G	54.15				
20	B	U/11	50m	Back	45.00	Maciej W	46.88				
21	G	U/13	50m	Free	35.00	Chinelo	41.25				
22	B	U/13	50m	Free	33.00	Thomas Luke	42.75				
23	G	U/15	50m	Fly	38.00	Gwendoline A	43.07				
24	B	U/15	50m	Fly	35.00	Callum Mullin	36.94				
25	G	U/11	50m	Breast	53.00	Megan Lewis	56.56				
26	B	U/11	50m	Breast	55.00	Andrew Young	1.05.78				
27	G	U/13	50m	Fly	41.50	Hannah Bridges	44.06				
28	B	U/13	50m	Fly	41.50	William R	47.1				
29	G	U/15	50m	Back	40.00	Katie Speddings	44.25				
30	B	U/15	50m	Back	36.50	Jack L	42.07				
31	G	U/11	4x50	Free Relay	2.35.00	Niamh S	43.67				
32	B	U/11	4x50	Free Relay	2.30.00	Alex Carpenter	50.07				
33	G	U/13	4x50	Free Relay	2.20.00	Millie Evans	38.36				
34	B	U/13	4x50	Free Relay	2.20.00	Jack L	36.57				
35	G	U/15	4x50	Free Relay	2.10.00	Gwendoline A	37.33				
36	B	U/15	4x50	Free Relay	2.00.00	Thomas Sandle	34.64				
37	G/B	squad	6x25	Free Relay		Rebecca G	19.23				