

Plymouth Leander Long Course Meet Level 1	Millfield	50m	18-19-20.12.2009	LC PB's highlighted	TOP 8 placing
NAME	EVENT	METRES	STROKE	TIME	PLACING
Hannah Avins	Girls 13/14yrs 800m Free	800m	Free	9.57.08 New Club Record	9th
Hannah Avins	Girls 13/14yrs 100m Fly	100m	Fly	1.13.86	21st
Hannah Avins	Girls 13/14yrs 200m IM	200m	IM	2.20.23	23rd
Hannah Avins	Girls 13/14yrs 400m Free	400m	Free	5.01.05	18th
Hannah Avins	Girls Open 50m Free	50m	Free	29.79	51st
Ben Dubben	Boys 13/14yrs 100m Free	100m	Free	1.02.14	27th
Ben Dubben	Boys Open 50m Back	50m	Back	33.77	25th
Ben Dubben	Boys 13/14yrs 200m IM	200m	IM	2.29.18	14th
Ben Dubben	Boys Open 50m Free	50m	Free	27.67	59th
Hiroki Harazawa	Boys 13/14yrs 100m Brst Heats	100m	Brst	1.10.68 NQT	2nd
Hiroki Harazawa	Boys 13/14yrs 100m Fly	100m	Fly	1.08.33	11th
Hiroki Harazawa	Boys 13/14yrs 200m Brst	200m	Brst	2.43.79	6th
Hiroki Harazawa	Boys 13/14yrs 100m Brst Final	100m	Brst	1.10.56 NQT	2nd
Hiroki Harazawa	Boys 13.14yrs 200m Brst Final	200m	Brst	2.50.97	7th
Kahoru Harazawa	Boys 11/12yrs 200m Fly	200m	Fly	2.48.46	8th
Kahoru Harazawa	Boys 11/12yrs 200m IM	200m	IM	2.48.86	19th
Kahoru Harazawa	Boys 11/12yrs 100m Brst	100m	Brst	1.32.29	10th
Kahoru Harazawa	Boys 11/12yrs 400m IM	400m	IM	5.58.95	14th
Kahoru Harazawa	Boys 11/12yrs 100m Fly	100m	Fly	1.19.11	12th
Kahoru Harazawa	Boys 11/12yrs 200m Brst	200m	Brst	3.15.61	9th
David Scott	Boys 15/16yrs 200m Fly	200m	Fly	2.13.22 NQT	4th

Millfield, 50m

Plymouth Leander
LC Meet Level 1

19-20.12.2009

David Scott	Boys Open 50m Back	50m	Back	31.09	19th
David Scott	Boys Open 50m Fly	50m	Fly	28.51	20th
David Scott	Boys 15/16yrs 100m Fly	100m	Fly	59.76 NQT	4th
David Scott	Boys Open 50m Free	50m	Free	27.49	57th

C.A.S.C. Chief Coach
Chris Hatton