

## C.A.S.C. National Swimming League 2009 A TEAM ROUND 1

EVENT NO.	STROKE / DISTANCE	NAME	TIME & SPLITS	PLACE
1	LADIES OPEN 4x50m IND. MEDLEY	Rebecca Mulcahy	2.38.34	5th
2	Mens OPEN 4x50m IND. MEDLEY	David Scott	2.18.29	5th
3	GIRLS 9-11 4x50m FREE RELAY	Ellie Radford	34.75	6th
4	BOYS 9-11 4x50m FREE RELAY	Alex Isidoro	NTR	4th
5	GIRLS 13/U 4x50m MEDLEY RELAY	Amelia Machugh	35.98	6th
6	BOYS 13/U 4x50m MEDLEY RELAY	Tor Wheeler	34.09	1st
7	GIRLS 15/U 4x50m FREE RELAY	Alice Hogan	32.55	6th
8	BOYS 15/U 4x50m FREE RELAY	Toby Fox	27.24	1st
9	LADIES OPEN 4x50m MEDLEY RELAY	Clare Grundy	33.1	3rd
10	MENS OPEN 4x50m MEDLEY RELAY	David King	30.29	5th
11	GIRLS 11/U 50M BACK	Shakirra Marriott	39.04	3rd
12	BOYS 11/U 50M BACK	Rhys Singleton	36.6	2nd
13	GIRLS 13/U 100M BREAST	Aine O'Flaherty	1.30.05	6th
14	BOYS 13/U 100M BREAST	Joshua Capon	1.17.15/35.36	2nd
15	GIRLS 15/U 100M BACK	Alice Hogan	1.13.81	5th
16	BOYS 15/U 100M BACK	William Jackson	1.07.29	4th
17	LADIES OPEN 100M FLY	Rebecca Mulcahy	DQ Turn	N/A
18	MENS OPEN 100M FLY	David Scott	59.45	3rd
19	GIRLS 11/U 50M FLY	Ellie Radford	40.6	6th
20	BOYS 11/U 50M FLY	Alex Isidoro	39.04	3rd
21	GIRLS 13/U 100M BACK	Amelia Machugh	1.16.71	6th
22	BOYS 13/U 100M BACK	Tor Wheeler	1.13.44	4th
23	GIRLS 15/U 100M FLY	Hannah Avins	1.10.68	5th

EVENT NO.	STROKE / DISTANCE	NAME	TIME	PLACE
24	BOYS 15/U 100M FLY	David Scott	59.68	1st
25	LADIES OPEN 100M BACK	Clare Grundy	1.10.81	4th
26	MENS OPEN 100M BACK	Ciaran Kavanagh	1.04.21	5th
27	GIRLS 11/U 50M BREAST	Mhairi Nurthen	47.27	6th
28	BOYS 11/U 50M BREAST	William Bowler	50.17	6th
29	GIRLS 13/U 100M FLY	Ekaterina Valcheva	1.18.11	5th
30	BOYS 13/U 100M FLY	Kahoru Harazawa	1.14.76	4th
31	GIRLS 15/U 100M FREE	Izzy Trompetas	1.03.82	5th
32	BOYS 15/U 100M FREE	Toby Fox	1.00.31	3rd
33	LADIES OPEN 100M BREAST	Kerry Cable	1.22.60	4th
34	MENS OPEN 100M BREAST	Oliver Samy	1.12.68	5th
35	GIRLS 11/U 50M FREE	Shakirra Marriott	34.78	5th
36	BOYS 11/U 50M FREE	Rhys Singleton	32.08	2nd
37	GIRLS 13/U 100M FREE	Amelia Machugh	1.05.86	2nd
38	BOYS 13/U 100M FREE	James Bachen	1.02.50	1st
39	GIRLS 15/U 100M BREAST	Sarah Walcott	1.22.36	5th
40	BOYS 15/U 100M BREAST	Hiroki Harazawa	1.10.68	1st
41	LADIES OPEN 100M FREE	Catherine Wrench	1.00.48	3rd
42	MENS OPEN 100M FREE	Ciaran Kavanagh	58.93	4th
43	GIRLS 9-11 4x50m MEDLEY RELAY	Shakirra Marriott	40.47	6th
44	BOYS 9-11 4x50m MEDLEY RELAY	Rhys Singleton	37.2	2nd
45	GIRLS 13/U 4x50m FREE RELAY	Clara Agyekumhene	31.82	5th
46	BOYS 13/U 4x50m FREE RELAY	James Bachen	28.82	1st
47	GIRLS 15/U 4x50m MEDLEY RELAY	Izzy Trompetas	34.08	5th
48	BOYS 15/U 4x50m MEDLEY RELAY	Toby Fox	31.53	2nd

Trinity, 25m

National Swimming League 2009  
CASC A TEAM - 1st round

10.10.2009

EVENT NO.	STROKE / DISTANCE	NAME	TIME	PLACE
49	LADIES OPEN 6x50m FREE RELAY	Kerry Cable	30.2	3rd
50	MENS OPEN 6x50m FREE RELAY	David King	26.43	5th

C.A.S.C. Chief Coach  
Chris J.F. Hatton