

## CASC BACKSTROKE CLUB CHAMPIONSHIPS WINNERS 2008

Girls U10 50m Back	Zoe Payne - 52.48	
Girls U12 50m Back	Elizabeth Speddings - 39.86	
Girls U14 50m Back	Hannah Avins - 34.24	NCCR
Girls U16 50m Back	Izzy Trompetas - 34.10	
Seniors 50m Back	Rosanna Raynor - 32.48	NCCR

Girls Open 200m Back	Rosanna Raynor - 2.31.42	NCCR
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Girls U11 100m Back	Shakirra Marriott - 1.32.02	
Girls U12 100m Back	Clara Agyekumhene - 1.26.86	
Girls U13 100m Back	Amelia Machugh - 1.24.17	
Girls U14 100m Back	Alice Hogan - 1.16.29	
Girls U15 100m Back	Izzy Trompetas - 1.14.02	
Girls U16 100m Back	Catherine Wrench - 1.16.54	
Seniors 100m Back	Rosanna Raynor - 1.09.60	NCCR

C.A.S.C.

CASC CLUB CHAMPS  
2008  
THE WINNERS

CHRIS HATTON  
CHIEF COACH

**CASC BREASTSTROKE CLUB CHAMPIONSHIPS WINNERS 2008**

Girls U10 50m Brst	Elizabeth Sharp - 56.10	
Girls U12 50m Brst	Hannah Bloxsome - 45.45	
Girls U14 50m Brst	Hannah Avins - 39.67	
Girls U16 50m Brst	Sarah Walcott - 38.89	
Seniors 50m Brst	Sarah Botting - 37.51	NCCR

Girls Open 200m Brst	Sarah Botting - 2.58.32
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Girls U11 100m Brst	Ellie Danielson - 1.48.24
Girls U12 100m Brst	Sally Parker - 1.45.19
Girls U13 100m Brst	Aine O'Flaherty - 1.37.89
Girls U14 100m Brst	Hannah Avins - 1.28.13
Girls U15 100m Brst	Sarah Walcott - 1.25.93
Girls U16 100m Brst	Rebecca Atkinson - 1.26.54
Seniors 100m Brst	Sarah Botting - 1.20.89

## CASC BUTTERFLY CLUB CHAMPIONSHIPS WINNERS 2008

Girls U10 50m Fly	Elizabeth Sharp - 1.01.60	
Girls U12 50m Fly	Clara Agyekumhene - 39.70	
Girls U14 50m Fly	Hannah Avins - 32.40	NCCR
Girls U16 50m Fly	Sarah Walcott - 31.32	NCCR
Seniors 50m Fly	Rosanna Raynor - 31.13	NCCR

Girls Open 200m Fly	Rebecca Mulcahy - 2.42.74
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Girls U11 100m Fly	Ellie Danielson - 2.01.42	
Girls U12 100m Fly	NO WINNER	
Girls U13 100m Fly	Alexandra Flack - 1.28.64	
Girls U14 100m Fly	Hannah Avins - 1.12.98	NCCR
Girls U15 100m Fly	Sarah Walcott - 1.17.57	
Girls U16 100m Fly	Catherine Wrench - 1.13.91	
Seniors 100m Fly	Rosanna Raynor - 1.10.39	NCCR

## CASC FREESTYLE CLUB CHAMPIONSHIPS WINNERS 2008

Girls U10 50m Free	Olivia Mondesir - 42.86		Girls U13 200m Free	Amelia Machugh - 2.30.88	NCCR
Girls U12 50m Free	Clara Agyekumhene - 32.82		Girls U14 200m Free	Hannah Avins - 2.20.20	NCCR
Girls U14 50m Free	Hannah Avins - 29.32	NCCR	Girls U15 200m Free	Izzy Trompetas - 2.26.77	
Girls U16 50m Free	Catherine Wrench - 28.33	NCCR	Girls U16 200m Free	Catherine Wrench - 2.14.16	NCCR
Seniors 50m Free	Rebecca Mulcahy - 29.32		Seniors 200m Free	Rosanna Raynor - 2.18.95	
Girls U11 100m Free	Shakirra Marriott - 1.23.60		Open 400m Free	Catherine Wrench - 4.46.07	
Girls U12 100m Free	Elizabeth Speddings - 1.17.84		Open 800m Free	Catherine Wrench - 9.49.92	NCCR
Girls U13 100m Free	Amelia Machugh - 1.11.25		Open 1500m Free	Catherine Wrench - 18.41.09	NCCR
Girls U14 100m Free	Hannah Avins - 1.03.36	NCCR			
Girls U15 100m Free	Izzy Trompetas - 1.04.11				
Girls U16 100m Free	Catherine Wrench - 1.01.89	NCCR			
Seniors 100m Free	NO WINNER				

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**CASC IM CLUB CHAMPIONSHIPS WINNERS 2008**

<b>Girls U11 100m IM</b>	<b>Mhairi Nurthen - 1.39.20</b>
<b>Girls U12 100m IM</b>	<b>Elizabeth Speddings - 1.29.23</b>

<b>Girls Open 400m IM</b>	<b>Hannah Avins - 5.32.42</b>	<b>NCCR</b>
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<b>Girls U13 200m IM</b>	<b>Amelia Machugh - 3.02.73</b>	
<b>Girls U14 200m IM</b>	<b>Hannah Avins - 2.37.59</b>	<b>NCCR</b>
<b>Girls U15 200m IM</b>	<b>Izzy Trompetas - 2.49.16</b>	
<b>Girls U16 200m IM</b>	<b>Catherine Wrench - 2.38.82</b>	
<b>Seniors 200m IM</b>	<b>Rosanna Raynor - 2.38.32</b>	