

C.A.S.C. Time Trials Gold & Silver Squads	Whitgift School	25m	22.05.2008	SC PB's highlighted	
NAME	EVENT	METRES	STROKE	TIME	SPLITS
Clara Agyekumhene	Girls 200m IM	200m	IM	3.38.77	N/A
Clara Agyekumhene	Girls 200m Back	200m	Back	3.33.20	N/A
Jon Barron	Boys 200m IM	200m	IM	3.36.15	N/A
Jon Barron	Boys 200m Back	200m	Back	3.31.54	1.44.36
Elizabeth Brown	Girls 100m Free	100m	Free	1.32.75	N/A
Elizabeth Brown	Girls 100m Back	100m	Back	1.38.60	N/A
Joshua Capon	Boys 200m IM	200m	IM	3.40.36	54.07
Joshua Capon	Boys 100m Back	100m	Back	1.43.86	51.39
James Cardozo	Boys 200m IM	200m	IM	2.57.95	35.15
James Cardozo	Boys 200m Back	200m	Back	3.06.48	N/A
Joshua Cresswell	Boys 200m IM	200m	IM	4.01.02	N/A
Joshua Cresswell	Boys 200m Back	200m	Back	3.59.79	N/A
Alex Flack	Girls 200m IM	200m	IM	3.34.68	N/A
Alex Flack	Girls 100m Back	100m	Back	1.38.29	N/A
Tom Grout	Boys 200m IM	200m	IM	2.50.93	N/A
Tom Grout	Boys 200m Back	200m	Back	2.59.64	N/A
Kahoru Harazawa	Boys 200m IM	200m	IM	3.01.48	38.64
Kahoru Harazawa	Boys 200m Back	200m	Back	3.21.30	1.39.42
Eleanor Hills	Girls 200m IM	200m	IM	3.08.67	N/A
Eleanor Hills	Girls 200m Back	200m	Back	3.09.73	N/A
Hannah Johncock	Girls 200m IM	200m	IM	3.02.04	N/A

Hannah Johncock	Girls 200m Back	200m	Back	3.05.84	N/A
Kie Ren Lau	Boys 200m IM	200m	IM	3.34.51	54.36
Kie Ren Lau	Boys 200m Back	200m	Back	3.41.13	1.51.29
Rui An Lau	Girls 100m Brst	100m	Brst	1.49.97	N/A
Rui An Lau	Girls 200m Back	200m	Back	3.42.42	N/A
Chris Lawrie	Boys 200m IM	200m	IM	3.06.23	44.32
Chris Lawrie	Boys 200m Back	200m	Back	3.01.67	1.29.20
Doug Lyman	Boys 100m Back	100m	Back	1.30.82	43.82
Doug Lyman	Boys 100m Free	100m	Free	1.27.76	41.8
Marissa Nurse	Girls 200m IM	200m	IM	3.02.60	42.04
Marissa Nurse	Girls 200m Back	200m	Back	3.10.86	1.34.92
Catherine O'Connor	Girls 200m Back	200m	Back	3.46.12	N/A
Catherine O'Connor	Girls 100m Back	100m	Back	1.36.95	N/A
Sally Parker	Girls 200m IM	200m	IM	3.21.48	48.73
Sally Parker	Girls 200m Back	200m	Back	3.30.61	N/A
Chris Parkins	Boys 200m IM	200m	IM	3.51.39	N/A
Chris Parkins	Boys 200m Back	200m	Back	3.44.68	N/A
Jon Parkins	Boys 200m IM	200m	IM	3.32.30	N/A
Jon Parkins	Boys 200m Back	200m	Back	3.27.51	N/A
Sachin Patel	Boys 200m IM	200m	IM	3.19.86	42.67
Sachin Patel	Boys 200m Back	200m	Back	3.15.57	1.36.54
Evan Reekie	Boys 200m IM	200m	IM	3.22.17	48.72
Evan Reekie	Boys 200m Back	200m	Back	3.19.68	N/A
Hannah Sharp	Girls 200m IM	200m	IM	3.37.25	55.18

Hannah Sharp	Girls 200m Back	200m	Back	3.39.10	N/A
Lizzy Speddings	Girls 200m IM	200m	IM	3.16.51	N/A
Lizzy Speddings	Girls 200m Back	200m	Back	3.11.85	N/A
Helen Stickling	Girls 200m IM	200m	IM	3.17.89	N/A
Helen Stickling	Girls 100m Free	100m	Free	1.20.48	N/A
Tor Wheeler	Boys 200m IM	200m	IM	3.34.20	N/A
Tor Wheeler	Boys 200m Back	200m	Back	3.22.67	1.40.57